



Pat Simon
Secretary/Treasurer

Pat taught Physical Education for 39 years in Milford, CT before retiring in 2008. He was the Physical Education Coordinator for the public school district from 1993 to 2008 and the secretary/treasurer for the CT Assoc. of Administrators of Health and PE from 1995 to 2008. He was the head coach for Jonathan Law High School Gymnastics from 1978-2004 and head coach for the Law Volleyball Team from 1995-2004. He is currently the assistant gymnastics coach. Pat has been the C.I.A.C. State Gymnastics Committee Co-Tournament director since 1993, New England Council Gymnastics Committee Tournament Coordinator since 1995 and Secretary/Treasurer of the NHSGA since 2008.

Pat received the Connecticut High School Coaches Association Gymnastics coach of the Year 1992, National High School Coaches Association Finalist for Special Sports Coach of the Year 2001, Professional Merit Award from the CT Association of Health, Physical Education, Recreation and Dance Nov. 2003 and the Pat Simon Award for Outstanding Achievement and Dedication to the Profession of Health and Physical Education from the CT Association of Administrators of Health and PE. This award will be given out annually in his honor.

Pat has been married to Candy for 40 years and they have two grown happily married children and two grandsons.