

2010 NHSGA Senior Showcase Invitational

General Meet Information

Hello Everyone,

We have been busy planning this year's Senior Showcase Invitational meet. It will, once again, prove to be a wonderful competition of the nation's most outstanding high school gymnasts.

Our site for this year the meet will be Ft. Myers **Beach**, Florida. The competition gym is set for **Bay Oaks Recreation Center** (http://www.leeparks.org/facility-info/facility-details.cfm?Project_Num=0232) and the host hotel is the beautiful **Diamond Head All Suite Beach Resort**. 800-625-4111 for reservations, remember to mention you are with the NHSGA Senior Showcase. The competition dates of the meet will be Friday, May 21st and Saturday, May 22nd. We hope to have an appointed warm up time for each team on Thursday afternoon/evening to get a feel for the gym and equipment. The hotel has agreed to give us a great rate for this resort. We would like all competitors, coaches and their family members to stay at this hotel, in support for their dedication to making our stay a memorable experience for all.

This year's equipment will be AAI. We plan on **having two sets** of all equipment except the floor. At this time we plan to have just one session, as we have done in the past, but plan on having a true somewhat modified capital cup; teams will warm up on the same equipment they compete on. If we need to go to two sessions because of large numbers we will do that. Further information, forms and changes will be posted on the website as it becomes available. We want to invite all states to send as many gymnasts as possible. You are allowed as many competitors per event per state as you can bring and count the **top 4 scores** for the team score. **Floor music needs to be in mp3 format on a CD.** There is no limit on the number of athletes you have on your roster but remember that the gymnast's high school coach **MUST** be a member of the NHSGA. Lead coaches/liasons—please make sure they are members of the NHSGA, **they need not attend the meet but they need to be members for the gymnast to be eligible!** This will be looked into more closely for the 2010 SSI.

After the competition there will be a social planned for the gymnasts and the coaches. We are currently working on what it will be. In the past we have had pizza party/dances, dolphin tours and sunset cruise dances.

Hotel Information-: DiamondHead All-Suite Beach Resort <http://www.diamondheadfl.com>
2000 Estero Boulevard
Fort Myers Beach, Florida 33931
800-625-4111

Make sure you tell them you are with the **National High School Gymnastics Senior Showcase Invitational** so you get the discounted rates. The discounted rates for Thursday thru Saturday are \$130 two occupants, \$140 three occupants, \$150 four occupants. Each room has a king sized bed and a queen sized sleeper sofa (room for 4 people), fridge, microwave, dining area, etc.

(There is also a 11% state tax added to the rooms)

The rooms are only being held until 5:00pm on April 20, 2010, reserve early ☺

You will be charged one night's room and tax deposit. (800) 625-4111.

We hope to make this a great meet for you and memories that will last a lifetime.

Gymnastically,

NHSGA Executive Board

