



# JR. OLYMPIC VAULT VALUES FOR LEVEL 9 & 10

Listed by # (Effective August 1, 2005 - July 31, 2006) revised 6/27/05

GROUP I HANDSPRINGS, YAMASHITAS			GROUP II HANDSPRINGS with or without 1/1 TURN - SALTO FORWARD OR BACKWARD			GROUP III TSUKAHARA or ½ on - SALTO FWD OR BWD with or without TURN			GROUP IV Round - off, Flic-flac on - SALTO FWD OR BWD with or without LA TURN			GROUP V Round - off, Flic-flac with ½ or 1/1 turn on - HNDSPG or SALTO FWD OR BWD with or without LA TURN		
1.101	Handspring	8.8	<p><i>Note for the J.O. Program:</i> All Group 3 vaults may be performed with a 90° to 180° LA turn in the first flight</p>			<p>3.201 Tsukahara Tuck 9.4</p> <hr/> <p>3.302 Tsuk Tuck 1/1 9.8</p> <p>3.303 Tsuk Pike 9.5</p> <p>3.304 Tsuk layout 9.7</p> <p>3.306 ¼-½ on - ¾-½ off, Fr. Tuck or ¼ on - ¼ off, Fr. Tuck (land facing out) or Tsuk tuck ½ 9.7</p> <hr/> <p>3.307 ¼-½ on - ¾-½ off, Fr. Pike or ¼ on - ¼ off, Fr. Pike (land facing out) or Tsuk pike ½ 9.8</p> <hr/> <p>3.402 Tsuk Tuck 1½ 10.0</p> <p>3.404 Tsuk Layout 1/1 10.0</p> <p>3.407 ¼-½ on - ¾-½ off, Fr. Layout 10.0 or ¼ on - ¼ off, Fr. Layout (land facing out) or Tsuk layout ½ 10.0</p> <hr/> <p>3.504 Tsuk Layout 1½ 10.0</p> <p>3.505 Tsuk Layout 2/1 10.0</p> <p>3.507 ½ on - ½ off, Fr. Layout ½ (House) 10.0</p> <p>3.509 ¼-½ on - ¾-½ off, Fr. Tuck ½ (Shible) 9.8</p> <p>3.510 ¼-½ on - ¾-½ off, Fr. Tuck 1/1 (Shible) 10.0</p> <hr/> <p>3.605 Tsuk Layout 2½ 10.0</p>			<p>4.101 RO,FF on - Repulsion off 7.5</p> <p>4.201 RO,FF on - Back Tuck 9.4</p> <hr/> <p>4.302 RO,FF on - B. Tuck 1/1 9.8</p> <p>4.303 RO,FF on - B. Tuck 1½ 10.0</p> <p>4.304 RO,FF on - B. Pike 9.5</p> <p>4.305 RO,FF on - B. Layout 9.7</p> <p>4.306 RO,FF on - B. Layout 1/1 10.0</p> <p>4.307 RO,FF on - ½ off, Fr. Tuck or RO,FF on - B. Tuck ½ 9.7</p> <p>4.308 RO,FF on - ½ off, Fr. Pike or RO,FF on - B. Pike ½ 9.8</p> <p>4.309 RO,FF on - ½ off, Fr. LO or RO,FF on - B. Layout ½ 10.0</p> <p>4.312 RO,FF on - 1/1 twist off 9.1</p> <p>4.313 RO,FF on - 1½ twist off (Allen) 9.3</p> <hr/> <p>4.403 RO,FF on - B. Tuck w/ 2/1 twist 10.0</p> <p>4.406 RO,FF on - B. Layout w/ 1½ twist 10.0</p> <hr/> <p>4.412 RO,FF on - 2/1 twist off (Allen) 9.7</p> <hr/> <p>4.506 RO,FF on - B. Layout with 2/1 twist 10.0</p> <hr/> <p>4.606 RO,FF on - B. Layout w/ 2½ twist 10.0</p> <p>4.607 RO, FF on - ½ turn off, Fr. Tuck ½ (Beckman) 9.8</p> <p>4.608 RO, FF on - ½ turn off, Fr. Pike ½ (Beckman) 10.0</p>			<p>5.101 RO,FF ½ on - Hndspg off 8.9</p> <p>5.201 RO,FF ½ on - 1/1 twist off 9.2</p> <p>5.202 RO,FF ½ on - 1½ twist off 9.4</p> <hr/> <p>5.301 RO,FF ½ on - Fr. Tuck 9.9</p> <p>5.307 RO,FF 1/1 on - 1/1 twist off 9.3</p> <hr/> <p>5.401 RO,FF ½ on - Fr. Tuck ½ 10.0</p> <p>5.402 RO,FF ½ on - ½, Bk Tuck 10.0</p> <p>5.403 RO,FF ½ on - Fr. Pike 10.0</p> <p>5.404 RO,FF ½ on - Fr. Pike ½ 10.0</p> <p>5.405 RO,FF ½ on - ½, Bk. Pike 10.0</p> <p>5.406 RO,FF ½ on - Fr. Layout 10.0</p> <p>5.408 RO,FF 1/1 on - Bk. Tuck 10.0</p> <p>5.409 RO,FF 1/1 on - Bk. Pike 10.0</p> <p>5.410 RO,FF 1/1 on - ½, Fr. Tuck 10.0</p> <p>5.420 RO,FF ½ on - 2/1 twist off 9.8</p> <hr/> <p>5.501 RO,FF ½ on - Fr. Tuck 1½ 10.0</p> <p>5.505 RO,FF ½ on - ½ off, Bk LO or RO,FF ½ on - Fr. Layout ½ 10.0</p> <hr/> <p>5.509 RO,FF 1/1 on - Bk. Layout 10.0</p> <p>5.510 RO, 1/1 on - Bk. Tuck 1/1 10.0</p> <p>5.511 RO, 1/1 on - Bk. Layout 1/1 (Tankousheva) 10.0</p>		
1.102	Hndspring- ½	8.9												
1.103	Yamashita	8.8												
1.104	Yami - ½	8.9												
1.105	¼ - ½ on - ¾ - ½ off	8.9												
1.106	¼ - ½ on - Repulsion off	7.0												
1.201	Hsp - 1/1	9.2												
1.202	Hsp - 1½	9.4												
1.204	Yami - 1/1	9.2												
1.205	¼ - ½ on - 1¼-1/1 off	9.1												
1.206	¼ - ½ on - 1¾ - 1½ off	9.3												
1.207	1/1 on - H/Y	9.2												
1.208	1/1 on - ½	9.4												
1.301	Hsp - 2/1	9.8												
1.305	¼ - ½ on - 2¼ - 2/1 off	9.7												
1.307	1/1 on - 1/1	9.6												
1.308	1/1 on - 1½	9.8												
1.402	Hsp - 2½	10.0												
1.505	Yami - 2½ (Kincaid)	10.0												
			2.301	Hsp - Front Tuck	9.7									
			2.302	Hsp - Front Tuck ½	9.9									
			2.303	Hsp - ½ off, Bk. Tuck (Cuervo tuck)	9.9									
			2.304	Hsp - Front Pike	9.8									
			2.310	Fr. Hndsp onto board, Hsp. - Fr. Tuck (llg)	9.8									
			2.402	Hsp - Front Tuck 1/1	10.0									
			2.403	Hsp - ½ off, Back Tuck w/ ½ (Cuervo Tk w/ ½)	10.0									
			2.404	Hsp - Front Pike ½	10.0									
			2.405	Hsp - ½ off, Back pike (Cuervo Pike)	10.0									
			2.406	Hsp - Front Layout	10.0									
			2.407	Hsp - Fr. Layout ½ or Hsp - ½ off, Back layout	10.0									
			2.408	Hsp - Front Pike 1/1 (Chusovitina)	10.0									
			2.409	1/1 on - Front Tuck	10.0									
			2.410	Fr. Hndsp onto board, Hsp. - Fr. Tuck ½ (Mantle)	10.0									
			2.501	Hsp - Double Fr. Tuck	10.0									
			2.502	Hsp - Fr. Tuck 1½	10.0									
			2.507	Hsp - Fr. Layout 1/1	10.0									
			2.508	Hsp - Fr. Layout 1½ (Chusovitina)	10.0									
			2.509	1/1 on - Front pike	10.0									
			2.607	Hsp - Fr. Layout 2/1	10.0									
			2.609	1/1 on - Fr. Layout	10.0									